

KEY STAGE TWO RISK TAKING BEHAVIOUR TOOLKIT CURRICULUM OUTLINE 2013-14

THEME ONE: HEALTH AND WELLBEING	
<ul style="list-style-type: none"> • Sleep 	<ul style="list-style-type: none"> • Managing stress
<ul style="list-style-type: none"> • Eating 	<ul style="list-style-type: none"> • Developing resilience and independence
<ul style="list-style-type: none"> • Teeth and bones (including exercise) 	<ul style="list-style-type: none"> • Resilience and independence (including preparing for secondary school)
<ul style="list-style-type: none"> • Smoking 	<ul style="list-style-type: none"> • Managing Change
<ul style="list-style-type: none"> • Drugs and Alcohol 	<ul style="list-style-type: none"> • Puberty – Personal hygiene
<ul style="list-style-type: none"> • Bacteria and Viruses 	<ul style="list-style-type: none"> • Puberty – Becoming a young adult
<ul style="list-style-type: none"> • TV and Computer games 	<ul style="list-style-type: none"> • Human Reproduction including conception and preventing it
<ul style="list-style-type: none"> • Risk, Danger and Hazards (including roads, railways and the environment) 	

THEME TWO: POSITIVE RELATIONSHIPS

<ul style="list-style-type: none"> • Rights and Responsibilities – at home and in school 	<ul style="list-style-type: none"> • Developing and maintaining positive relationships – healthy relationships (including acceptable/unacceptable physical contact and grooming)
<ul style="list-style-type: none"> • Rights and Responsibilities – in the community and towards the environment 	<ul style="list-style-type: none"> • Developing positive relationships – body confidence
<ul style="list-style-type: none"> • Happiness 	<ul style="list-style-type: none"> • Managing peer pressure - keeping secrets and managing dares
<ul style="list-style-type: none"> • Developing and maintaining positive relationships – different types of relationships 	<ul style="list-style-type: none"> • Caring for yourself and others
<ul style="list-style-type: none"> • Developing and maintaining positive relationships - bullying 	<ul style="list-style-type: none"> • Separation and Divorce
<ul style="list-style-type: none"> • Developing and maintaining positive relationships – prejudice-based language and bullying 	<ul style="list-style-type: none"> • Bereavement

THEME THREE: DIGITAL CITIZENSHIP – LIVING IN THE WIDER WORLD

- **The role of digital media in young people's lives**
- **Managing your online identity – keeping safe online and the importance of privacy**
- **The Digital footprint -what it is; how people represent themselves online; private today, public tomorrow; managing your footprint**
- **Stereotypes online -recognising stereotypes, distinguishing between content and advertising and understanding the different purposes of different types of online material**
- **Developing positive relationships – social media and technology**
- **Developing positive relationships-cyber bullying**